



Enterprise Health

MEDICAL SURVEILLANCE · AUDIT-READY

# Respiratory Protection Program Checklist

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Walk every 29 CFR 1910.134 requirement — medical evaluation, fit testing, training, and recordkeeping — before your next internal audit or OSHA visit.

Written program & roles

Medical evaluation flow

Fit testing & training

Records & sign-off

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AUDIENCE

Occupational Health &  
Safety leads

TIME TO COMPLETE

25–35 minutes

REVISED

June 2026

# Program foundation

A respiratory protection program must be written, worksite-specific, and administered by a named program administrator (29 CFR 1910.134(c)).

- ☐ **A written, worksite-specific respiratory protection program is on file and dated.**

Generic templates are a common citation — the program must reflect your actual hazards and respirator selection.

- ☐ **A program administrator is named, qualified, and has authority to run the program.**

- ☐ **Respirator selection is based on a documented hazard/exposure assessment.**

Tie each respirator choice back to a contaminant and an assigned protection factor.

- ☐ **Voluntary-use respirators are covered by Appendix D and a separate voluntary-use policy.**

## MOST COMMON MISS

Treating a stockroom of N95s as "no program needed." Required-use respirators trigger the full program — written plan, medical evaluation, and fit testing included.

# Medical clearance before fit testing

Every employee must be medically evaluated before fit testing or use, using the OSHA Appendix C questionnaire or an equivalent initial evaluation (1910.134(e)).

☐ Each respirator user completed the Appendix C questionnaire (or an equivalent exam) before first use.

☐ A PLHCP reviewed each evaluation and issued a written recommendation on clearance.

The employer keeps the written recommendation; clinical detail stays with the provider.

☐ Follow-up medical exams were provided whenever the questionnaire or symptoms required them.

☐ Re-evaluations are triggered by symptom reports, workplace changes, or PLHCP/supervisor referral.

## WHERE ENTERPRISE HEALTH FITS

Medical evaluations, clearances, and re-evaluation triggers are tracked as structured surveillance records — not loose PDFs — so clearance status is auditable per employee and per respirator.

# Fit testing, training, and retention

Tight-fitting respirators require fit testing before use and at least annually, plus annual training and durable records (1910.134(f)–(m)).

- ☐ Every tight-fitting respirator user passed a qualitative or quantitative fit test for the exact make/model/size.
- ☐ Fit testing is repeated at least annually and after any facial change that affects fit.
- ☐ Annual training covers respirator use, limitations, maintenance, and the medical signs of overexposure.
- ☐ Fit-test records and clearance recommendations are retained for the duration of employment.
- ☐ Program evaluation (workplace assessment) was completed in the last 12 months.

# Program review and sign-off

The program administrator and reviewing PLHCP confirm this checklist reflects the current, worksite-specific respiratory protection program.

## PROGRAM ADMINISTRATOR

\_\_\_\_\_  
NAME

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE

## REVIEWING PLHCP

\_\_\_\_\_  
NAME

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE